

What is a DIETITIAN?

A **registered dietitian (RD)** is a professional who provides reliable, objective nutrition information, separates facts from fads and translates the latest scientific findings into easy-to-understand nutrition information.

The letters “RD” after a person’s name signify that one has completed academic and experience requirements established by the Commission on Dietetic Registration, the credentialing agency for the Academy of Nutrition & Dietetics (AND), including a minimum of a bachelor’s degree granted by a U.S. regionally accredited college/university, or equivalent, and an approved pre-professional experience program.

RD’s demonstrate their knowledge of food and nutrition by successfully passing a national credentialing exam and by completing ongoing continuing professional development.

Licensed Registered Dietitian (LRD)

North Dakota has a licensure law for nutritionists ensuring nutrition education is factual. When using an LRD, citizens can count on accurate, credible nutrition education that is not connected to for-profit potentially dangerous potions or body manipulations.

Although, many people may believe they are an expert in nutrition, in ND, only LRDs are the college trained nutrition experts that are required to maintain life-long continuing education and training as well as maintain licensure.

LRDs are working to positively impact the health status of North Dakotans through individual medical nutrition therapy, as well as, legislative, and environmental changes.

RELIABLE NUTRITION RESOURCES

LRDs in the community
PLUS:

Food & Nutrition Information from the
Academy of Nutrition & Dietetics:
www.eatright.org

North Dakota dietitian listing and support:
www.eatrightnd.org

NDSU Extension Service-Health & Nutrition:
www.ag.ndsu.edu/ndsug/food-nutrition

Local partnership supporting policy & environmental change
in Bismarck-Mandan:
www.gobismarckmandan.org

Nutrition & Health information from federal government:
www.nutrition.gov

North Dakota data & resources for citizens
where they live, work and play:
www.healthynorthdakota.org

Community specific nutrition resources:
www.bismarck.org/publichealth (Nutrition Services)

American Diabetes Association: www.diabetes.org
American Heart Association: www.heart.org
Midwest Dairy Council: www.midwestdairy.com
North Dakota Board of Dietetic Practice: www.ndbodp.com
North Dakota Nutrition Council: www.ag.ndsu.edu/ndnc
www.RD411.com

Brochure published by
Bismarck-Burleigh Public Health
Nutrition Services based on AND
membership and NDAND Brochure



eat
right. Academy of Nutrition
and Dietetics

LICENSED REGISTERED DIETITIAN

Registered Dietitians,
Licensed to Practice in North Dakota

DIETITIANS:

- Educate and inspire consumers, students and patients
- Provide Medical Nutrition Therapy (MNT)
- Develop nutrition and health policies
- Conduct and utilize research
- Administer food services
- Formulate and market foods



Nutrition Experts, Making a Difference!

Area Dietitians & Their Area of Expertise

Becky King, MS, RD, LRD

St. Alexius Medical Center (530-7836)

rking@primecare.org

Gluten Sensitivity, General Nutrition

Char Heer, RD, LRD

Midwest Dairy Association (782-4154)

cheer@midwestdairy.com

Dairy Nutrition Expert and Resources, General Nutrition

Darian Schaubert, MS, RD, LRD

Standing Rock Hospital (854-8256)

darian.schaubert@ihs.gov

Diabetes Prevention, Weight Loss, School & Community Prevention Projects

Deb Strand, RD, LRD, EHP

Sysco North Dakota Healthcare Specialist-Business Development (280-6307)

strand.deb@nd.sysco.nd.com

Foodservice Management, Cost Control & Product Selection. Healthcare web-based education resources, menus & recipes. NREA Certified Food Safety Instructor, General Nutrition & Foodservice presentations and seminars.

Janet Buckmeier, RD, LRD

North Dakota Department of Health—
Division of Health Facilities (328-1298)

jbuckmeier@nd.gov

Long Term Care

Joan Knoll, MS, RD, LRD

Bismarck Public Schools (323-4096)

Joan_knoll@bismarckschools.org

BPS Menu Nutritional Analysis & Ingredient Information, Student Food Allergies, School Wellness Policy/Health Council

Karen Ehrens, RD, LRD

Ehrens Consulting (223-2616)

karen@ehrensconsulting.com

Health & Nutrition Communication, School Partnerships, Fruit & Vegetable Promotion, Farmer's Markets, Public Health Policy and Advocacy

Katie Johnke, RD, LRD

Bismarck-Burleigh Public Health

(355-1555)

kcjohnke@nd.gov

Community Nutrition, Worksite Wellness & General Nutrition presentations

Kayla Thorson, RD, LRD

St. Gabriel's Community 751-5175)

kayla.thorson@bhshealth.org

Culinary Services

Missouri Family YMCA (255-1525)

nutrition@bismarckymca.org

General Nutrition

Kelly Bartsch, RD, LRD

Missouri Slope Lutheran Care Center
(595-1281)

kbartsch@mslcc.com

Geriatric Nutrition, Foodservice Management

Kris Blees, RD, LRD, CDE

Sanford Health (323-6172)

kris.blees@sanfordhealth.org

Diabetes: Type 1 & 2, Gestational, Renal Disease/Kidney Failure, Celiac Disease

Michelle Wagner, RD, LRD

St. Alexius Medical Center (530-7821)

miawagner@primecare.org

Food Service Management

Rachel Clausen, RD, LRD

Sanford Health (323-5682)

rachel.clausen@sanfordhealth.org

Inpatient Clinical

Terryl Roningen, MS, RD, LRD

Consultant (471-5906)

tron@bis.midco.net

Long Term Care, Assisted Living, Weight Loss

Wanda Agnew, PhD, RD, LRD, CLC

United Tribes Technical College

(255-3285 Ext: 1234)

wagnew@uttc.edu

Family Meals, Public Health, Native American Foodways, Culture & Indigenous Context, Breastfeeding, Food Selection, Food Safety, Poverty/Hunger, Food Sovereignty, Local Foods Promotion, Community Gardens, Farmer's Markets, Disparity Advocacy, Bodyworks Trainer